

**psst....**  
**It's Wellness**  
**Screening time...**



HCMH and Humboldt County Public Health  
**ANNUAL WELLNESS SCREENING**  
**Tuesday, February 14 • 6:30-9:00AM**

**LAB SCREENINGS AVAILABLE FOR THE FOLLOWING:**

<b>WELLNESS PROFILE</b> .....	<b>\$25</b>
• Lipid Profile & Blood Sugar includes total Cholesterol, HDL, LDL, & triglycerides	
<b>HEMOGRAM</b> .....	<b>\$20</b>
• Screens for anemia and infection	
<b>SCREENING PROFILE PLUS</b> .....	<b>\$40</b>
• Includes lipid profile, blood sugar, hemogram and kidney and liver screenings	
<b>CARDIO CRP TEST</b> .....	<b>\$30</b>
• Blood test for systemic inflammation and a predictor for coronary heart disease	
<b>PSA</b> .....	<b>\$40</b>
• A screen for Prostate Cancer that is recommended for men over age 50 or those with family history	
<b>TSH</b> A sensitive test for thyroid function .....	<b>\$35</b>
<b>HEMOGLOBIN A1C</b> Test to screen for diabetes .....	<b>\$25</b>
<b>BLOOD PRESSURE</b> .....	<b>No Charge</b>

- *Screening is Open to the Public*
- *HCMH Conference Rooms*
- *Reduced Cost*
- *Refreshments Served*
- *Please use front entrance*

Individuals should be fasting; no solid or liquid food for 12 hours prior to screening. Water and medications should be taken in normal amounts.

A parent or legal guardian must accompany anyone under 18 years of age. The customer or legal guardian must consent to take responsibility for the follow-up of abnormal results. Payment in cash or by check for tests must be received at the time of service; insurance will not be billed. The results will be sent directly to you within two weeks of collection of the specimen. You are encouraged to share these results with your health care provider.

**Call Humboldt County Public Health between the hours of 8:00AM & 4:30PM**  
**515-332-2492 for an appointment.**



*Quality Care, Close to Home*

**HUMBOLDT COUNTY**  
**MEMORIAL HOSPITAL**

**1000 N. 15th St., Humboldt • 515-332-4200**

[www.humboldthospital.org](http://www.humboldthospital.org)

