What Your Test Results Mean

If you test **positive** for COVID-19

TAKE STEPS TO HELP PREVENT THE SPREAD OF COVID-19



STAY HOME.

Do not leave your home, except to get medical care. Do not visit public areas.

Isolate at home and away from others until:

- 10 days since symptoms first appeared AND
- 24 hours with no fever without the use of fever-reducing medications AND Other symptoms of COVID-19 are improving

*Loss of taste and smell may persist for weeks or months after recovery and need not delay the end of isolation



GET REST AND STAY HYDRATED

Take over-the-counter medicines, such as acetaminophen, to help you feel better.



SEPARATE YOURSELF FROM OTHER PEOPLE.

As much as possible, stay in a specific room and away from other people and pets in your home.



STAY IN TOUCH WITH YOUR DOCTOR.

Let your doctor know if your symptoms quickly worsen over a short period of time or seek emergency care if you experience trouble breathing, persistent pain or pressure in the chest, confusion, or bluish lips or face.

Your local public health will be contacting you to complete an investigation.

If you test **negative** for COVID-19

- You probably were not infected at the time your sample was collected.
- However, that does not mean you will not get sick
- It is possible that you were very early in your infection when your sample was collected and that you could test positive later
- If you have a fever, cough, or cold symptoms, you should remain home and minimize contact with others. If you are concerned about your symptoms, call your primary care provider.

A negative test result does not mean you won't get sick later.



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