



Thank you for your commitment to
ALWAYS
providing exceptional care

Brian McEvoy

“ I wanted to reach out and express how awesome Brian McEvoy is. We as healthcare workers tend to overlook and forget to compliment people that do great work. So, I wanted to take a few minutes to tell you what a gem you have in your therapy department. I have 2 children who are student athletes and we have had Brian do a lot of their therapy. Every time I have needed his help, he is willing to be flexible to support the schedule of my children to ensure that they get the best outcome possible after their injury.

This recent experience has been no exception. Ellie had a torn labrum this past year and underwent a surgical repair. As you may know she is a softball pitcher. When we received the news, we were upset thinking that she may be done pitching. Ellie underwent the surgery in June and when the time came to have her start therapy, I knew I wanted her to work with Brian to rehab her shoulder. He was willing to come in early to see her, which allowed her to continue to go to work on time throughout the entire summer. He recommended a new therapy for blood flow restriction to help her rehab faster and keep her arm strong. I don't believe that this therapy was offered prior to Ellie and Jake starting it. He was willing to do anything he could to help her reach her goals which is to pitch again at DMACC.

The main purpose of this email is to tell you how he has continued to support her after she went back to school to make sure she has success. When she returned to DMACC the surgeon told us that she was ready to start her throwing program. When she received the outline, it was a 6-month program, we were told by the surgeon it would be 1 month. I reached out to Brian and he did some research and talked with his colleagues at Mayo and asked us to talk with the athletic trainer to see if we could move through it a little faster. The athletic trainer agreed and she is now almost completed. Ellie has gained so much trust with him that when the trainer said she could start lifting weights she wanted to know what Brian thought she should do. I again reached out to him and responded immediately with his recommendations.

The last example is what makes him not only one of the best physical therapists that we have worked with but an amazing example of someone who is dedicated to the best outcome for the people he serves. Ellie was home for a weekend, and she was doing her pitching workout with her dad. He noticed that she was not bringing her arm all the way back to throw. He pointed it out to her, and she said that she couldn't because it hurt too much. We asked her if she had shared it with the trainer and she said yes but that Ellie felt it was fine because she was able to throw the ball the way she was. Of course, her dad was not “fine” with it because your overhand velocity is directly correlated with your underhanded velocity and if she is unable to extend her arm fully, she cannot build speed. I again reached out to Brian and he know what the issue was. He offered to see her as soon as he could make it work with her schedule to help her. He was willing to see her in an off time to facilitate her schedule. You cannot imagine how thankful we are to have him work with her knowing that he wants the best for our daughter and her recovery. I truly believe that she is where she is today because he has worked so hard with her and gave her the tools, she needed to be successful. She has a little way to go but we are moving in a very positive direction, and we credit it to the therapy support of Brian.

If there is an award that you give out to recognize exceptional care, please consider Brian. He has been outstanding in the care and treatment of our kids.”