

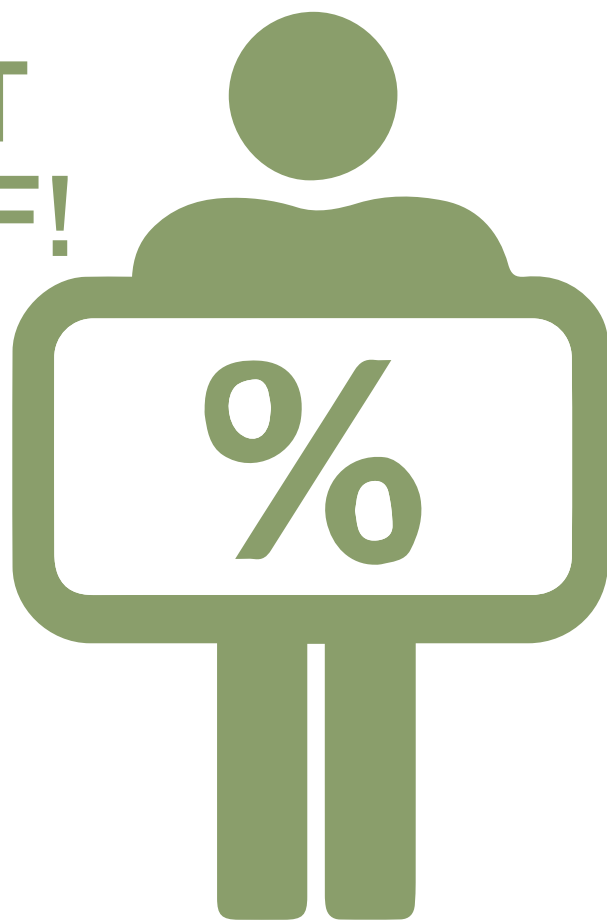
FIND OUT WHAT YOU'RE MADE OF!

Body Composition Analysis

Starting a new health journey? What better way to get started than to mark your beginning and measure your progress along the way.

Whether your goal is to increase muscle mass or reduce body fat, a body composition analysis can show you the details no regular scale can.

- Receive information regarding muscle mass and fat percentage in your trunk versus each limb, displayed on a print out.
- Highly accurate results using a Tanita BC-418 Segmental Body Composition Analyzer.
- Scheduled as a 15-minute appointment that does not need a referral and is not billed to insurance.
- Fee includes the test, print out, and explanation of results. Nutrition counseling or education is not included.



Call NOW!
515-332-4200

**MUSCLE
MASS**

HYDRATION

**BODY
FAT**

RIGHT HERE in HUMBOLDT.

